

# Gastroenterology Associates

Gastroenterology and Hepatology

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## PRE-PROCEDURE DIABETES MEDICATION INSTRUCTIONS

In preparation for your procedure, you will need to follow specific instructions regarding your diabetes medication. Read the information below carefully.

Check your blood sugar the evening before your procedure and again upon waking in the morning of your procedure. If your blood sugar is below 80 at either of these checks, drink a glass of clear fruit juice and recheck it. Continue to drink clear fruit juice until your blood sugar is above 80 or symptoms resolve. If symptoms fail to resolve, call our office at 360.413.8250 to get further instruction from the physician on call.

**Unless otherwise indicated, take diabetes medications as directed below:**

Diabetes Medication	Morning Day Before Exam	Night Before Exam	Morning Day of Exam
Oral (tablets by mouth)	Usual dose	Do not take	Do not take
Exenatide (Byetta) Liraglutide (Victoza)	Usual dose	Do not take	Do not take
Long Acting Insulin	Take half your usual dose	Take half your usual dose*	Do not take
	*If you check your blood sugar near your usual evening meal, you may adjust this half dose up or down, dependent on your reading		
Regular Insulin	Follow your sliding scale if you take before meals.		
Insulin Pump	Confirm dosage adjustment with your medical provider.		

If you take oral **and** insulin or other injectable diabetes medications, follow the instructions for each as above.

Call our office at 360.413.8250 if you have any questions.